



Map the Meal Gap 2018:

Overall Food Insecurity in Virginia by County in 2016 ¹



County	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²		
				% below 130% poverty <i>SNAP, WIC, free school meals, CSFP, TEFAP</i>	% between 130% and 185% poverty <i>WIC, reduced price school meals</i>	% above 185% poverty <i>Charitable Response</i>
Accomack	33,060	14.1%	4,660	65%	23%	13%
Albemarle	104,287	8.9%	9,290	45%	11%	44%
Alleghany	15,919	11.4%	1,810	65%	10%	25%
Amelia	12,793	10.7%	1,370	50%	22%	28%
Amherst	31,999	11.6%	3,710	57%	18%	25%
Appomattox	15,314	12.5%	1,920	64%	8%	29%
Arlington	226,092	7.5%	17,040	49%	7%	45%
Augusta	74,330	7.6%	5,640	53%	17%	31%
Bath	4,558	8.5%	390	69%	17%	14%
Bedford	76,933	8.1%	6,240	52%	15%	34%
Bland	6,612	8.7%	580	43%	17%	40%
Botetourt	33,192	6.8%	2,250	49%	19%	32%
Brunswick	16,573	19.6%	3,250	52%	16%	33%
Buchanan	23,158	15.8%	3,650	69%	14%	18%
Buckingham	17,030	15.0%	2,560	53%	15%	32%
Campbell	55,061	10.8%	5,930	57%	20%	24%
Caroline	29,640	12.1%	3,570	48%	17%	36%
Carroll	29,733	10.0%	2,990	72%	14%	14%
Charles City	7,086	14.8%	1,050	48%	19%	34%
Charlotte	12,232	17.3%	2,110	72%	19%	10%
Chesterfield	331,839	8.7%	29,030	40%	16%	44%
Clarke	14,307	8.1%	1,160	65%	35%	0%
Craig	5,195	9.9%	510	65%	25%	10%
Culpeper	48,952	8.6%	4,200	53%	20%	27%
Cumberland	9,769	16.9%	1,650	67%	7%	26%
Dickenson	15,304	14.7%	2,240	68%	15%	17%
Dinwiddie	28,155	13.8%	3,890	52%	11%	36%
Essex	11,130	15.2%	1,700	51%	22%	27%
Fairfax	1,132,887	5.0%	56,820	49%	15%	36%
Fauquier	68,025	5.9%	4,030	45%	13%	43%
Floyd	15,587	8.5%	1,320	61%	26%	13%
Fluvanna	26,046	8.0%	2,080	42%	10%	48%
Franklin	56,230	10.0%	5,600	59%	22%	20%
Frederick	82,321	5.8%	4,770	51%	23%	27%
Giles	16,871	9.6%	1,620	54%	14%	32%
Gloucester	37,021	7.8%	2,900	44%	15%	41%
Goochland	21,979	7.2%	1,580	30%	18%	52%
Grayson	15,180	11.4%	1,730	75%	17%	9%
Greene	19,085	7.9%	1,510	71%	16%	13%
Greensville	11,698	17.7%	2,070	48%	16%	36%
Halifax	35,305	16.4%	5,800	64%	16%	19%
Hanover	102,199	6.8%	6,950	38%	13%	49%
Henrico	321,921	12.2%	39,320	42%	15%	43%
Henry	52,209	13.9%	7,270	68%	22%	10%
Highland	2,230	7.8%	170	79%	2%	19%
Isle of Wight	36,027	10.8%	3,870	44%	12%	44%
James City	71,900	8.1%	5,820	43%	11%	46%
King and Queen	7,140	12.0%	860	52%	33%	15%
King George	25,260	8.5%	2,150	37%	11%	52%
King William	16,156	10.1%	1,620	46%	17%	37%
Lancaster	11,055	12.4%	1,370	47%	24%	29%
Lee	24,911	14.8%	3,690	72%	9%	19%
Loudoun	362,435	3.7%	13,390	43%	16%	41%
Louisa	34,350	10.2%	3,500	56%	17%	27%
Lunenburg	12,450	15.3%	1,900	65%	20%	15%
Madison	13,122	9.5%	1,240	71%	17%	13%
Mathews	8,848	8.3%	740	53%	10%	38%

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Mecklenburg	31,209	15.8%	4,920	55%	23%	22%
Middlesex	10,728	10.3%	1,100	48%	22%	30%
Montgomery	97,227	14.0%	13,630	63%	4%	33%
Nelson	14,831	10.6%	1,570	67%	12%	21%
New Kent	20,051	6.8%	1,370	35%	4%	61%
Northampton	12,118	16.3%	1,970	67%	13%	20%
Northumberland	12,272	11.8%	1,450	47%	21%	32%
Nottoway	15,641	16.9%	2,650	61%	12%	27%
Orange	34,873	8.6%	3,010	49%	12%	39%
Page	23,759	11.2%	2,660	63%	17%	20%
Patrick	18,180	12.3%	2,240	76%	7%	17%
Pittsylvania	62,392	12.4%	7,730	60%	20%	20%
Powhatan	28,286	6.5%	1,840	31%	17%	52%
Prince Edward	23,077	15.8%	3,650	49%	21%	30%
Prince George	37,664	11.9%	4,500	33%	20%	47%
Prince William	443,630	6.0%	26,440	50%	18%	32%
Pulaski	34,417	11.0%	3,800	56%	18%	27%
Rappahannock	7,416	7.9%	590	48%	18%	34%
Richmond	8,868	12.8%	1,130	62%	11%	28%
Roanoke	93,655	7.8%	7,280	45%	17%	38%
Rockbridge	22,450	9.7%	2,170	65%	12%	22%
Rockingham	78,427	7.8%	6,120	58%	19%	23%
Russell	27,973	11.4%	3,180	76%	6%	18%
Scott	22,378	11.4%	2,540	74%	8%	18%
Shenandoah	42,857	8.0%	3,420	61%	29%	10%
Smyth	31,513	11.9%	3,750	68%	16%	16%
Southampton	18,291	14.5%	2,650	53%	13%	34%
Spotsylvania	129,181	8.0%	10,340	47%	12%	41%
Stafford	139,548	6.7%	9,340	32%	22%	45%
Surry	6,731	14.5%	980	45%	23%	32%
Sussex	11,733	19.5%	2,290	34%	8%	58%
Tazewell	43,367	12.7%	5,490	64%	15%	21%
Warren	38,807	8.2%	3,180	50%	15%	35%
Washington	54,562	9.7%	5,290	63%	13%	25%
Westmoreland	17,528	11.2%	1,960	49%	31%	20%
Wise	40,074	14.9%	5,970	65%	9%	25%
Wythe	29,171	11.5%	3,350	64%	18%	18%
York	66,919	7.8%	5,230	33%	16%	51%
Alexandria city	151,473	10.0%	15,150	47%	14%	39%
Bristol city	17,340	14.1%	2,440	76%	18%	6%
Buena Vista city	6,610	15.2%	1,010	83%	16%	1%
Charlottesville city	45,538	16.7%	7,600	66%	5%	29%
Chesapeake city	233,194	11.4%	26,630	41%	13%	46%
Colonial Heights city	17,554	11.5%	2,010	59%	16%	26%
Covington city	5,650	14.3%	810	62%	15%	23%
Danville city	42,360	20.4%	8,650	62%	20%	18%
Emporia city	5,565	26.6%	1,480	80%	14%	6%
Fairfax city	23,620	4.2%	980	63%	9%	29%
Falls Church city	13,597	5.0%	680	26%	12%	62%
Franklin city	8,413	20.8%	1,750	59%	26%	15%
Fredericksburg city	27,853	15.4%	4,280	53%	8%	38%
Galax city	6,858	12.7%	870	75%	16%	9%
Hampton city	136,789	17.8%	24,400	49%	17%	34%
Harrisonburg city	51,979	16.1%	8,390	70%	6%	24%
Hopewell city	22,332	18.6%	4,150	60%	21%	19%
Lexington city	7,036	14.1%	990	33%	8%	59%
Lynchburg city	78,755	18.2%	14,310	57%	12%	31%
Manassas city	41,149	4.6%	1,890	70%	30%	0%
Manassas Park city	15,827	3.7%	590	100%	0%	0%
Martinsville city	13,551	20.9%	2,840	63%	16%	21%
Newport News city	181,606	16.7%	30,250	51%	18%	31%
Norfolk city	245,724	19.0%	46,610	56%	14%	30%
Norton city	3,978	17.6%	700	68%	10%	22%

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Petersburg city	31,997	27.5%	8,790	65%	21%	14%
Poquoson city	12,068	5.2%	630	38%	11%	51%
Portsmouth city	96,071	19.6%	18,850	53%	17%	31%
Radford city	17,186	20.7%	3,560	71%	29%	0%
Richmond city	216,773	21.0%	45,570	64%	13%	23%
Roanoke city	99,329	16.7%	16,560	64%	18%	19%
Salem city	25,290	9.5%	2,410	47%	17%	37%
Staunton city	24,234	12.7%	3,070	60%	9%	31%
Suffolk city	87,061	14.1%	12,310	42%	16%	42%
Virginia Beach city	449,733	9.9%	44,660	41%	19%	40%
Waynesboro city	21,366	12.1%	2,590	59%	23%	18%
Williamsburg city	14,988	15.7%	2,360	44%	6%	50%
Winchester city	27,349	10.9%	2,970	71%	23%	6%
State Total⁶	8,411,808	10.6%	893,720	49.1%	13.7%	37.2%

For additional data and maps by county, state, and congressional district, please visit map.feedingamerica.org.

Gundersen, C., A. Dewey, A. Crumbaugh, M. Kato & E. Engelhard. *Map the Meal Gap 2018: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2016*. Feeding America, 2018. This research is generously supported by The Howard G. Buffett Foundation and Nielsen.

¹Map the Meal Gap's food insecurity rates are determined using data from the 2001-2016 Current Population Survey on individuals in food insecure households; data from the 2016 American Community Survey on median household incomes, poverty rates, homeownership, and race and ethnic demographics; and 2016 data from the Bureau of Labor Statistics on unemployment rates.

²Numbers reflect percentage of food insecure individuals living in households with incomes within the income bands indicated. Eligibility for federal nutrition programs is determined in part by these income thresholds which can vary by state.

⁶Population and food insecurity data in the state totals row do not reflect the sum of all counties in that state. The state totals are aggregated from the congressional districts data in that state. All data in the state totals row pertaining to the cost of food or the "Meal Gap" reflect state-level data and are not aggregations of either counties or congressional districts.



Map the Meal Gap 2018:

Overall Food Insecurity in Virginia by Congressional District in 2016¹



Congressional District	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²		
				% below 130% poverty	% between 130% and 185% poverty	% above 185% poverty
				<i>SNAP, WIC, free school meals, CSFP, TEFAP</i>	<i>WIC, reduced price school meals</i>	<i>Charitable Response</i>
1	776,836	7.8%	60,480	38%	14%	48%
2	745,816	11.4%	85,020	43%	15%	42%
3	739,169	17.9%	132,070	48%	14%	38%
4	764,301	17.1%	130,620	48%	12%	39%
5	735,178	12.4%	91,410	52%	14%	34%
6	754,859	11.5%	87,070	54%	14%	32%
7	775,369	9.2%	71,390	39%	15%	46%
8	783,079	7.8%	61,020	52%	11%	38%
9	707,012	13.0%	92,190	65%	12%	24%
10	827,279	4.0%	33,400	50%	15%	35%
11	802,910	6.1%	49,050	45%	16%	39%

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