



Map the Meal Gap 2018:

Overall Food Insecurity in North Carolina by County in 2016 ¹



County	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²	
				% below 200% poverty <i>SNAP, WIC, free school meals, CSFP, TEFAP</i>	% above 200% poverty <i>Charitable Response</i>
Alamance	156,372	14.7%	22,930	82%	18%
Alexander	37,211	13.0%	4,830	81%	19%
Alleghany	10,868	12.9%	1,400	90%	10%
Anson	25,883	21.6%	5,590	89%	11%
Ashe	26,992	13.2%	3,570	76%	24%
Avery	17,633	12.8%	2,250	81%	19%
Beaufort	47,513	16.2%	7,700	84%	17%
Bertie	20,324	22.7%	4,620	91%	9%
Bladen	34,454	20.9%	7,210	89%	11%
Brunswick	119,167	13.7%	16,360	71%	29%
Buncombe	250,112	12.7%	31,700	75%	25%
Burke	89,082	14.2%	12,660	79%	21%
Cabarrus	192,296	12.1%	23,220	68%	32%
Caldwell	81,623	13.7%	11,200	81%	19%
Camden	10,228	12.1%	1,230	64%	36%
Carteret	68,537	12.5%	8,550	66%	34%
Caswell	23,094	18.2%	4,210	76%	24%
Catawba	155,461	12.9%	20,010	78%	22%
Chatham	68,778	10.9%	7,480	72%	29%
Cherokee	27,226	13.5%	3,690	81%	19%
Chowan	14,556	20.0%	2,920	85%	15%
Clay	10,730	12.5%	1,340	86%	14%
Cleveland	97,113	17.3%	16,780	82%	18%
Columbus	57,015	19.1%	10,870	80%	20%
Craven	104,190	15.4%	16,060	72%	28%
Cumberland	325,841	19.0%	62,060	80%	20%
Currituck	24,864	10.6%	2,630	65%	35%
Dare	35,187	11.3%	3,970	75%	25%
Davidson	164,058	13.2%	21,640	79%	21%
Davie	41,568	11.5%	4,780	66%	34%
Duplin	59,121	16.1%	9,540	98%	2%
Durham	294,618	17.3%	50,890	69%	31%
Edgecombe	54,669	25.3%	13,820	93%	7%
Forsyth	364,691	16.1%	58,570	77%	23%
Franklin	62,989	15.2%	9,560	83%	17%
Gaston	211,753	15.1%	31,980	80%	20%
Gates	11,615	15.4%	1,790	72%	28%
Graham	8,651	14.7%	1,270	85%	15%
Granville	58,341	15.6%	9,100	74%	26%
Greene	21,241	17.7%	3,750	79%	21%
Guilford	511,815	17.8%	90,950	75%	25%
Halifax	52,849	24.7%	13,040	85%	15%
Harnett	126,620	15.4%	19,560	80%	20%
Haywood	59,577	12.7%	7,560	71%	29%
Henderson	110,905	10.7%	11,850	78%	22%
Hertford	24,285	23.8%	5,770	77%	23%
Hoke	51,853	18.6%	9,640	85%	15%
Hyde	5,629	20.2%	1,130	72%	28%
Iredell	167,493	12.5%	20,950	71%	30%
Jackson	41,227	15.4%	6,340	69%	31%
Johnston	182,155	12.2%	22,310	78%	22%
Jones	10,074	18.4%	1,860	88%	12%
Lee	59,540	13.8%	8,250	81%	19%
Lenoir	58,343	20.2%	11,760	88%	12%
Lincoln	79,783	11.8%	9,390	75%	25%
McDowell	45,013	13.8%	6,230	85%	15%
Macon	33,991	13.0%	4,420	78%	22%

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				SNAP, WIC, free school meals, CSFP, TEFAP	Charitable Response
Madison	21,130	13.0%	2,740	75%	25%
Martin	23,510	20.3%	4,760	83%	17%
Mecklenburg	1,011,774	15.5%	156,360	70%	30%
Mitchell	15,263	12.9%	1,970	75%	25%
Montgomery	27,475	14.9%	4,100	90%	10%
Moore	93,070	13.0%	12,110	70%	30%
Nash	94,385	18.8%	17,770	80%	20%
New Hanover	216,430	15.5%	33,570	68%	32%
Northampton	20,628	25.1%	5,170	86%	14%
Onslow	185,755	14.7%	27,240	81%	19%
Orange	139,807	13.2%	18,460	61%	39%
Pamlico	12,892	14.4%	1,860	73%	27%
Pasquotank	39,909	19.1%	7,610	74%	27%
Pender	56,358	14.5%	8,150	71%	29%
Perquimans	13,470	16.3%	2,190	81%	20%
Person	39,196	16.9%	6,630	78%	22%
Pitt	175,150	20.8%	36,420	76%	24%
Polk	20,324	12.1%	2,460	70%	30%
Randolph	142,588	12.3%	17,510	85%	15%
Richmond	45,710	20.6%	9,410	87%	13%
Robeson	134,576	21.1%	28,340	91%	9%
Rockingham	91,898	16.2%	14,890	81%	19%
Rowan	138,694	15.0%	20,780	80%	21%
Rutherford	66,701	15.6%	10,420	88%	12%
Sampson	63,713	16.1%	10,230	94%	6%
Scotland	35,711	24.9%	8,880	84%	16%
Stanly	60,610	14.0%	8,500	77%	23%
Stokes	46,453	12.5%	5,820	74%	26%
Surry	72,767	12.4%	9,040	89%	11%
Swain	14,234	15.4%	2,190	84%	16%
Transylvania	33,062	12.3%	4,080	73%	27%
Tyrrell	4,128	20.0%	830	88%	12%
Union	217,614	9.8%	21,260	66%	35%
Vance	44,508	23.1%	10,280	92%	8%
Wake	998,576	12.7%	126,480	59%	41%
Warren	20,324	22.6%	4,600	85%	15%
Washington	12,503	22.5%	2,810	94%	6%
Watauga	52,745	17.8%	9,360	66%	34%
Wayne	124,447	18.4%	22,880	84%	16%
Wilkes	68,888	13.9%	9,560	84%	16%
Wilson	81,617	20.8%	16,990	81%	19%
Yadkin	37,819	12.0%	4,530	89%	11%
Yancey	17,599	13.8%	2,420	83%	17%
State Total⁶	10,146,788	15.4%	1,565,910	71.8%	28.2%

For additional data and maps by county, state, and congressional district, please visit map.feedingamerica.org.

Gundersen, C., A. Dewey, A. Crumbaugh, M. Kato & E. Engelhard. *Map the Meal Gap 2018: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2016*. Feeding America, 2018. This research is generously supported by The Howard G. Buffett Foundation and Nielsen.

¹Map the Meal Gap's food insecurity rates are determined using data from the 2001-2016 Current Population Survey on individuals in food insecure households; data from the 2016 American Community Survey on median household incomes, poverty rates, homeownership, and race and ethnic demographics; and 2016 data from the Bureau of Labor Statistics on unemployment rates.

²Numbers reflect percentage of food insecure individuals living in households with incomes within the income bands indicated. Eligibility for federal nutrition programs is determined in part by these income thresholds which can vary by state.

⁶Population and food insecurity data in the state totals row do not reflect the sum of all counties in that state. The state totals are aggregated from the congressional districts data in that state. All data in the state totals row pertaining to the cost of food or the "Meal Gap" reflect state-level data and are not aggregations of either counties or congressional districts.



Map the Meal Gap 2018:

Overall Food Insecurity in North Carolina by Congressional District in 2016 ¹



Congressional District	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²	
				% below 200% poverty	% above 200% poverty
				SNAP, WIC, free school meals, CSFP, TEFAP	Charitable Response
1	750,278	21.4%	160,320	79%	21%
2	819,899	12.5%	102,810	63%	37%
3	754,350	16.5%	124,770	73%	28%
4	847,032	13.6%	115,510	56%	45%
5	751,232	14.6%	109,840	79%	21%
6	763,491	15.0%	114,540	74%	26%
7	780,442	16.5%	128,430	74%	26%
8	774,967	16.1%	124,470	72%	28%
9	778,477	14.4%	112,230	68%	32%
10	759,453	14.5%	109,860	74%	26%
11	749,597	13.0%	97,610	75%	25%
12	849,357	16.6%	140,890	71%	29%
13	768,213	16.2%	124,630	74%	26%

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