



# Map the Meal Gap 2018:

## Overall Food Insecurity in Minnesota by County in 2016 <sup>1</sup>



County	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance <sup>2</sup>		
				% below 165% poverty <i>SNAP, WIC, free school meals, CSFP, TEFAP</i>	% between 165% and 185% poverty <i>WIC, reduced price school meals</i>	% above 185% poverty <i>Charitable Response</i>
Aitkin	15,722	10.9%	1,720	75%	4%	21%
Anoka	341,249	7.8%	26,610	53%	5%	42%
Becker	33,375	9.8%	3,270	70%	4%	26%
Beltrami	45,644	12.8%	5,850	78%	1%	21%
Benton	39,457	11.1%	4,360	69%	4%	27%
Big Stone	5,098	9.6%	490	66%	4%	30%
Blue Earth	65,524	12.1%	7,940	69%	31%	0%
Brown	25,327	7.8%	1,980	61%	5%	35%
Carlton	35,482	10.4%	3,690	64%	4%	32%
Carver	97,143	5.9%	5,740	37%	3%	60%
Cass	28,633	11.6%	3,310	73%	2%	26%
Chippewa	12,126	9.2%	1,110	72%	6%	23%
Chisago	54,041	7.1%	3,820	54%	4%	42%
Clay	61,402	9.5%	5,830	62%	3%	35%
Clearwater	8,764	13.4%	1,180	76%	3%	21%
Cook	5,215	9.9%	520	72%	3%	25%
Cottonwood	11,557	11.3%	1,310	69%	5%	26%
Crow Wing	63,321	9.9%	6,240	69%	3%	28%
Dakota	411,402	7.6%	31,260	53%	3%	44%
Dodge	20,361	6.6%	1,340	60%	4%	36%
Douglas	36,862	8.3%	3,060	63%	5%	32%
Faribault	14,119	9.1%	1,290	70%	3%	27%
Fillmore	20,877	9.4%	1,950	66%	3%	32%
Freeborn	30,751	8.1%	2,490	79%	3%	18%
Goodhue	46,450	8.9%	4,130	62%	3%	35%
Grant	5,943	9.3%	550	70%	3%	28%
Hennepin	1,209,265	10.9%	131,950	61%	1%	39%
Houston	18,791	8.8%	1,650	61%	2%	38%
Hubbard	20,640	10.2%	2,100	70%	6%	24%
Isanti	38,461	8.0%	3,080	59%	6%	36%
Itasca	45,356	12.0%	5,440	63%	5%	32%
Jackson	10,163	8.5%	860	66%	2%	32%
Kanabec	15,918	10.9%	1,740	73%	4%	23%
Kandiyohi	42,510	8.2%	3,490	78%	3%	18%
Kittson	4,436	9.1%	410	70%	2%	28%
Koochiching	12,930	13.2%	1,710	65%	3%	32%
Lac qui Parle	6,916	8.4%	580	76%	8%	16%
Lake	10,721	10.5%	1,120	57%	4%	39%
Lake of the Woods	3,901	8.3%	320	78%	5%	18%
Le Sueur	27,650	7.8%	2,150	61%	7%	32%
Lincoln	5,793	9.0%	520	67%	3%	30%
Lyon	25,670	10.1%	2,590	70%	1%	29%
McLeod	35,926	7.9%	2,850	64%	4%	32%
Mahnomen	5,480	13.5%	740	86%	1%	13%
Marshall	9,406	9.1%	860	55%	5%	41%
Martin	20,193	9.3%	1,870	68%	6%	27%
Meeker	23,094	8.4%	1,930	63%	3%	34%
Mille Lacs	25,788	10.7%	2,750	68%	6%	26%
Morrison	32,850	10.1%	3,310	68%	4%	28%
Mower	39,248	8.8%	3,440	78%	3%	19%
Murray	8,463	8.5%	720	67%	6%	27%
Nicollet	33,226	8.9%	2,940	58%	1%	41%
Nobles	21,729	6.6%	1,440	96%	2%	2%
Norman	6,638	8.9%	590	75%	4%	21%
Olmsted	150,104	8.4%	12,550	59%	2%	39%
Otter Tail	57,694	8.7%	5,040	65%	6%	29%
Pennington	14,156	9.7%	1,370	64%	6%	30%

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Pine	29,067	10.9%	3,180	71%	6%	24%
Pipestone	9,285	9.2%	850	65%	3%	32%
Polk	31,550	9.7%	3,050	65%	3%	32%
Pope	10,975	8.3%	920	62%	5%	33%
Ramsey	531,528	12.3%	65,550	71%	1%	28%
Red Lake	4,042	10.1%	410	59%	6%	35%
Redwood	15,578	9.0%	1,410	74%	4%	22%
Renville	14,995	8.4%	1,260	73%	7%	20%
Rice	65,116	8.6%	5,610	62%	1%	37%
Rock	9,554	8.4%	800	66%	3%	31%
Roseau	15,609	8.9%	1,390	60%	6%	34%
St. Louis	200,353	12.1%	24,250	66%	2%	33%
Scott	139,490	6.2%	8,620	47%	5%	48%
Sherburne	91,188	7.4%	6,790	50%	3%	47%
Sibley	14,957	7.6%	1,140	65%	4%	31%
Stearns	153,661	10.7%	16,470	64%	2%	34%
Steele	36,541	7.9%	2,890	68%	5%	27%
Stevens	9,762	10.7%	1,050	67%	0%	33%
Swift	9,483	10.5%	990	70%	2%	28%
Todd	24,335	9.3%	2,260	79%	4%	18%
Traverse	3,397	8.0%	270	60%	4%	36%
Wabasha	21,327	7.2%	1,540	59%	5%	35%
Wadena	13,755	11.8%	1,620	75%	7%	18%
Waseca	19,034	8.1%	1,550	65%	6%	29%
Washington	248,745	6.6%	16,430	46%	4%	50%
Watsonwan	10,996	6.6%	720	95%	1%	3%
Wilkin	6,479	8.5%	550	65%	4%	32%
Winona	51,145	10.3%	5,250	64%	3%	34%
Wright	129,922	6.8%	8,860	50%	5%	46%
Yellow Medicine	10,038	8.6%	860	65%	3%	32%
<b>State Total<sup>6</sup></b>	<b>5,519,952</b>	<b>9.2%</b>	<b>508,630</b>	<b>60.9%</b>	<b>1.8%</b>	<b>37.3%</b>

For additional data and maps by county, state, and congressional district, please visit [map.feedingamerica.org](http://map.feedingamerica.org).

Gundersen, C., A. Dewey, A. Crumbaugh, M. Kato & E. Engelhard. *Map the Meal Gap 2018: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2016*. Feeding America, 2018. This research is generously supported by The Howard G. Buffett Foundation and Nielsen.

<sup>1</sup>Map the Meal Gap's food insecurity rates are determined using data from the 2001-2016 Current Population Survey on individuals in food insecure households; data from the 2016 American Community Survey on median household incomes, poverty rates, homeownership, and race and ethnic demographics; and 2016 data from the Bureau of Labor Statistics on unemployment rates.

<sup>2</sup>Numbers reflect percentage of food insecure individuals living in households with incomes within the income bands indicated. Eligibility for federal nutrition programs is determined in part by these income thresholds which can vary by state.

<sup>6</sup>Population and food insecurity data in the state totals row do not reflect the sum of all counties in that state. The state totals are aggregated from the congressional districts data in that state. All data in the state totals row pertaining to the cost of food or the "Meal Gap" reflect state-level data and are not aggregations of either counties or congressional districts.



# Map the Meal Gap 2018:

*Overall Food Insecurity in Minnesota by Congressional District in 2016*<sup>1</sup>



Congressional District	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance <sup>2</sup>		
				% below 165% poverty	% between 165% and 185% poverty	% above 185% poverty
				<i>SNAP, WIC, free school meals, CSFP, TEFAP</i>	<i>WIC, reduced price school meals</i>	<i>Charitable Response</i>
1	672,415	8.6%	58,140	64%	2%	34%
2	700,264	6.9%	48,630	51%	3%	46%
3	709,906	7.4%	52,640	45%	2%	54%
4	702,162	10.9%	76,620	63%	0%	37%
5	708,082	13.9%	98,340	65%	0%	35%
6	696,720	7.1%	49,660	52%	3%	45%
7	668,049	8.9%	59,360	72%	4%	24%
8	662,354	9.8%	65,240	67%	2%	31%

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