



Map the Meal Gap 2018:

Overall Food Insecurity in Massachusetts by County in 2016¹



County	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²	
				% below 200% poverty <i>SNAP, WIC, free school meals, CSFP, TEFAP</i>	% above 200% poverty <i>Charitable Response</i>
Barnstable	214,703	8.2%	17,540	64%	36%
Berkshire	128,563	10.1%	12,980	70%	30%
Bristol	554,868	10.3%	57,430	71%	30%
Dukes	17,137	9.5%	1,630	69%	31%
Essex	769,362	7.3%	55,990	82%	18%
Franklin	70,916	9.0%	6,390	81%	19%
Hampden	468,072	9.8%	45,870	94%	6%
Hampshire	161,035	9.9%	15,970	60%	40%
Middlesex	1,567,610	7.9%	123,870	60%	40%
Nantucket	10,694	8.3%	890	62%	38%
Norfolk	691,218	7.8%	53,810	51%	49%
Plymouth	506,657	8.5%	42,970	60%	41%
Suffolk	767,719	14.2%	109,120	84%	16%
Worcester	813,589	8.8%	71,730	70%	30%
State Total⁶	6,811,779	9.6%	652,760	65.3%	34.7%

For additional data and maps by county, state, and congressional district, please visit map.feedingamerica.org.

Gundersen, C., A. Dewey, A. Crumbaugh, M. Kato & E. Engelhard. *Map the Meal Gap 2018: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2016*. Feeding America, 2018. This research is generously supported by The Howard G. Buffett Foundation and Nielsen.

¹Map the Meal Gap's food insecurity rates are determined using data from the 2001-2016 Current Population Survey on individuals in food insecure households; data from the 2016 American Community Survey on median household incomes, poverty rates, homeownership, and race and ethnic demographics; and 2016 data from the Bureau of Labor Statistics on unemployment rates.

²Numbers reflect percentage of food insecure individuals living in households with incomes within the income bands indicated. Eligibility for federal nutrition programs is determined in part by these income thresholds which can vary by state.

⁶Population and food insecurity data in the state totals row do not reflect the sum of all counties in that state. The state totals are aggregated from the congressional districts data in that state. All data in the state totals row pertaining to the cost of food or the "Meal Gap" reflect state-level data and are not aggregations of either counties or congressional districts.



Map the Meal Gap 2018:

Overall Food Insecurity in Massachusetts by Congressional District in 2016 ¹



Congressional District	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²	
				% below 200% poverty	% above 200% poverty
				SNAP, WIC, free school meals, CSFP, TEFAP	Charitable Response
1	729,294	9.8%	71,480	79%	21%
2	749,202	9.6%	72,040	62%	38%
3	761,611	7.7%	58,720	77%	23%
4	753,156	7.0%	53,030	49%	51%
5	759,165	8.3%	62,780	53%	47%
6	766,310	7.2%	55,280	57%	44%
7	779,173	17.0%	132,690	78%	23%
8	773,806	10.5%	81,530	56%	44%
9	740,062	8.8%	65,210	62%	38%

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