



Map the Meal Gap 2018:

*Overall Food Insecurity in Connecticut by County in 2016*¹



County	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²	
				% below 185% poverty <i>SNAP, WIC, free school meals, CSFP, TEFAP</i>	% above 185% poverty <i>Charitable Response</i>
Fairfield	941,618	9.6%	90,820	61%	40%
Hartford	895,699	11.9%	106,320	60%	40%
Litchfield	185,141	9.5%	17,510	50%	50%
Middlesex	164,438	9.9%	16,290	47%	53%
New Haven	860,874	12.4%	106,900	64%	37%
New London	272,033	11.5%	31,240	57%	43%
Tolland	151,689	9.9%	15,000	43%	57%
Windham	117,078	11.1%	12,990	65%	35%
State Total⁶	3,576,452	11.6%	414,730	56.7%	43.3%

For additional data and maps by county, state, and congressional district, please visit map.feedingamerica.org.

Gundersen, C., A. Dewey, A. Crumbaugh, M. Kato & E. Engelhard. *Map the Meal Gap 2018: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2016*. Feeding America, 2018. This research is generously supported by The Howard G. Buffett Foundation and Nielsen.

¹Map the Meal Gap's food insecurity rates are determined using data from the 2001-2016 Current Population Survey on individuals in food insecure households; data from the 2016 American Community Survey on median household incomes, poverty rates, homeownership, and race and ethnic demographics; and 2016 data from the Bureau of Labor Statistics on unemployment rates.

²Numbers reflect percentage of food insecure individuals living in households with incomes within the income bands indicated. Eligibility for federal nutrition programs is determined in part by these income thresholds which can vary by state.

⁶Population and food insecurity data in the state totals row do not reflect the sum of all counties in that state. The state totals are aggregated from the congressional districts data in that state. All data in the state totals row pertaining to the cost of food or the "Meal Gap" reflect state-level data and are not aggregations of either counties or congressional districts.



Map the Meal Gap 2018:

Overall Food Insecurity in Connecticut by Congressional District in 2016 ¹



Congressional District	Population	Food insecurity rate	Estimated number food insecure individuals (rounded)	Likely Income Eligibility for Federal Nutrition Assistance ²	
				% below 185% poverty	% above 185% poverty
				SNAP, WIC, free school meals, CSFP, TEFAP	Charitable Response
1	712,461	12.4%	88,220	58%	42%
2	705,034	11.1%	77,980	51%	49%
3	717,162	13.0%	92,990	59%	41%
4	732,469	11.0%	80,720	54%	46%
5	709,326	10.5%	74,820	61%	39%

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